

Free Webinar: Register Now!

Cognitive Change: Understanding, Connecting, and Creating Moments of Joy Thursday, February 22, 2024, 10:00am – 11:00am

Join CaringMatters for an important webinar to learn about Alzheimer's and dementia, free resources from the Alzheimer's Association and guidance on how to compassionately connect with people experiencing cognitive change.

Long-time CaringMatters volunteer, Carolyn Schick, will share insights from her 23-year journey as a caregiver for her parents and how a special book, "Creating Moments of Joy" by Jolene Brackey, fundamentally transformed her mindset. Carolyn will share personal anecdotes showing how she embraced her parents' reality and used dynamic storytelling to create moments of joy for her family amidst progressive dementia.

Key idea for creating moments of joy: Find their love language and embrace their reality.

"They may forget what you said, but they will never forget how you made them feel."
- Carl W. Buehner

Presenters:

- **Laura Byer**, Program Manager, Alzheimer's Association, National Capitol Chapter
- **Michael Brick**, Community Education, Alzheimer's Association, National Capitol Chapter
- **Carolyn Schick**, CaringMatters Volunteer

Information and registration:

<https://www.caringmatters.org/community-education>

Presented in partnership with **ALZHEIMER'S ASSOCIATION®**

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Maryland