



# Camp Erin

Friday, May 21 -  
Sunday, May 23, 2021



## What is Camp Erin?

Camp Erin 2021 will be held online on Zoom, **May 21-23, 2021** (exact times to be announced soon), for children and teens, ages 6-17, grieving the death of someone close to them. Campers will participate in activities, such as sharing memories, expressive arts, and trust and bonding activities. Camp Erin, **offered free of charge**, is staffed by trained volunteers and professionals. This opportunity is for children and teens who have not attended a previous session of Camp Erin.

## Objectives for Camp:

- Build community
- Tell one's story
- Learn coping skills
- Express and process grief
- Remember and honor those who died
- Have fun!



## What will virtual camp be like?

CaringMatters will host a drive-by welcome event at Bar-T in Laytonsville, Maryland, where campers can pick up their supplies, provided free of charge, and meet some of the camp staff and volunteers. If campers are unable to pick up supplies during the welcome event, alternative arrangements can be made.

The sessions will kick-off on Friday evening and continue throughout Saturday, concluding on Sunday afternoon with frequent breaks built into the schedule.

## Why?

Camp Erin allows youth to tell their stories in a safe environment and learn to process their grief in healthy ways. They are able to have fun and meet others who are facing similar circumstances, learning they are not alone. Activities help them build a toolbox of coping skills, while honoring and remembering loved ones.



## How You Can Help... Refer A Camper

If you learn of a child or teen grieving after the loss of a loved one, you can refer them for Camp Erin, which is offered at no charge to the participants.

**Application Deadline: Friday, May 7, 2021 at 3:00pm**

To learn more about volunteering or to refer a camper, contact  
Penny Gladhill at [pennyg@caringmatters.org](mailto:pennyg@caringmatters.org) or 301-990-0852 or visit  
<https://www.caringmatters.org/camperin2021>