

ALZHEIMER'S  ASSOCIATION®

MEMORY CAFÉ

EARLY STAGE SOCIAL
ENGAGEMENT GROUPS

IN-PERSON MEETINGS



Memory Cafes and early-stage engagement groups offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. If you are considering attending a memory cafe, note that schedules and times change occasionally. Please pre-register with the contact below.

1st & 3rd Mondays | Noon-1 p.m.

Rockville Senior Center

1150 Carnation Drive, Rockville, MD 20850

2nd Thursday | 10-11 a.m.

White Oak Community Recreation Center

1700 April Lane, Silver Spring, MD 20904

2nd Thursday | 1-2 p.m.

Medstar Center for Successful Aging

Contact Deanna Cho

Deanna.Y.Cho@medstar.net

3rd Tuesday | 2:15-4:15 p.m.

Camp Springs Senior Center

6420 Allentown Rd, Camp Springs, MD 20748

Contact Michael Watson

mwwatson@alz.org

Last Thursday of each month | 2-3 p.m.

Leisure World of Maryland

3700 Rossmoor Blvd.

 **ALZHEIMER'S
ASSOCIATION**

National Capital Area Chapter

Updated: February 20, 2024

ALZ.ORG

24/7 HELPLINE: 800.272.3900

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VIRTUAL MEETINGS



Memory Cafes and early-stage engagement groups offer a fun and relaxed way for people living with early-stage memory loss to get connected with one another through social events that promote interaction and companionship. If you are considering attending a memory cafe, note that schedules and times change occasionally. Please pre-register with the contact below.

**THESE MEETINGS ARE CURRENTLY VIRTUAL.
PLEASE REGISTER TO RECEIVE LOGIN INFORMATION.**

1st Wednesday | 6:30 p.m.
Forgetful Friends Networking Meeting
Contact Mary Kren 703.361.8841

1st Friday, 2-3 p.m.
Washington Metro Oasis
Contact Laura Byer
Lbbyer@alz.org

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