Resource List

How to Support Grieving People with Intellectual and Developmental Disabilities

Children’s Grief:

Workbooks Children and Teens:


Resources for Adults:


**Online Resources:**

Hospice Foundation of America, *Autism and Grief Project*.


Back Pocket Teacher has many resources on her website [https://backpocketteacher.co.uk/books-%26-resources](https://backpocketteacher.co.uk/books-%26-resources)

An article about grief and autism [https://www.autismparentingmagazine.com/talk-about-death-and-grief/?fbclid=IwAR2ZrrqmCdNVY6_C3RSYwpTr4abrSkEvOBJKs8UbxiOyqE-dDPzuBZNEhw](https://www.autismparentingmagazine.com/talk-about-death-and-grief/?fbclid=IwAR2ZrrqmCdNVY6_C3RSYwpTr4abrSkEvOBJKs8UbxiOyqE-dDPzuBZNEhw)

The complete guide for supporting bereavement and loss in special schools by Sarah Helton

[https://outlook.office.com/mail/drafts/id/AAMkADQ1NzQ1ZWVILT3MzQtND81MjZqOwBGAASkxK5jxWz%2BSAA%3D](https://outlook.office.com/mail/drafts/id/AAMkADQ1NzQ1ZWVILT3MzQtND81MjZqOwBGAASkxK5jxWz%2BSAA%3D)

This resource book includes everything that a special school needs to manage bereavements sensitively and effectively. The book covers the following areas: bereavement policies and procedures, an appropriate curriculum (including the issues of life, death and loss), how to inform the school community of the death, how to support pupils and staff with the loss, plus activities and resources to support pupils with their grief. There is also an extensive appendix with template documents for schools to use: draft letters, policies, procedures, curriculum and lesson ideas.

Tip sheets created by grief centers supporting grieving children:

a) Supporting bereaved children and young people with Autism Spectrum Disorders (ASD) (pdf)
[https://0c26ed70-b47b-4fad-8bffecd2ec.filesusr.com/ugd/7ac232_0a66493b05a54177a79cc85bfebe558b.pdf](https://0c26ed70-b47b-4fad-8bffecd2ec.filesusr.com/ugd/7ac232_0a66493b05a54177a79cc85bfebe558b.pdf)

b) For schools [Supporting Grieving Students with Intellectual and Neurodevelopmental Disabilities](https://elunanetwork.org/resources/supporting-grieving-children-with-autism-spectrum-disorder?fbclid=IwAR2UJ5VaT5BKDgjNsobh4XISkbshUmja1HCAvZKaO64cmQnWrEfCaAFaKfw)

c) Supporting Grieving Children with Autism
[https://elunanetwork.org/resources/supporting-grieving-children-with-autism-spectrum-disorder?fbclid=IwAR2UJ5VaT5BKDgjNsobh4XISkbshUmja1HCAvZKaO64cmQnWrEfCaAFaKfw](https://elunanetwork.org/resources/supporting-grieving-children-with-autism-spectrum-disorder?fbclid=IwAR2UJ5VaT5BKDgjNsobh4XISkbshUmja1HCAvZKaO64cmQnWrEfCaAFaKfw)

d) Tool Kit: Supporting Children of All Abilities Who Are Grieving [https://indd.adobe.com/view/9cf351d4-9fc3-4414-bc2a-cc633ad1e53f](https://indd.adobe.com/view/9cf351d4-9fc3-4414-bc2a-cc633ad1e53f)