Book Recommendations on Loss, Grief, Coping, Remembrance, and Support

**Death, Non-Death Loss, and Grief**
- The goodbye book. By Parr, T.

**Death Losses and Grief**
- Something very sad happened: A toddler’s guide to understanding death. By Zucker, B.
- When dinosaurs die: A guide to understanding death. By Brown, L.K. & Brown, M.
  -*addresses human and pet loss*
- Badger’s parting gifts. By Varley, S.
- I miss you: A first look at death. By Thomas, P.
- Dream clouds. By Alexander Layne, A.K.
- The scar. By Moundlic, C.
- Lifetimes: The beautiful way to explain death to children. By Page, B.M.
- What on earth do you do when someone dies? By Romain, T.
- The fall of freddie the leaf. By Buscaglia, L.

**Suicide loss**
- Someone I love died by suicide: A story for child survivors and those who care for them. By Cammarata, D.

**Drug Overdose Loss**
- Someone I love died from a drug overdose. By Ray, M.

**Pet Death Loss**
- When a pet dies. By Rogers, F. (dated photos but developmentally and culturally appropriate)
- I’ll always love you. By Wilhelm, H.
- The rainbow bridge: A visit to pet paradise. By Raeside, A.

**Non-Death Loss, Transitions, and Coping**

**Natural Disaster**
- A place where hurricanes happen. By Watson, R.

**Separation**
- You weren’t with me. By Ippen, C.G.
  *addresses separation-caregiver-child separation, reunion, children’s feelings and thoughts, helpful responses to children’s concerns*

**Divorce**
- My family’s changing: A first look at family break-up. By Thomas, P.

**Health**
- When someone you love has cancer: A guide to help kids cope. By Lewis, A.
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Diversity of Feelings, Thoughts & Physical Expressions
- I know what to do when I’m feeling (frustrated, tired, scared, sad, etc.). By Positive Parenting
- Sad isn’t bad: A good grief guide book. By Mundy, M.
- Listening to my body. By Garcia, G.
- Samantha Jane’s missing smile. By Kaplow, J. & Spiegel, D.
- I know I made it happen: A gentle book about feelings. By Blackburn, B.L.
- The angry dragon. By Gordon, M.
- Grumpy monkey. By Lang, S.
- Once I was very very scared. By Ippen, C.G.
- A terrible thing happened. By Holmes, M.M.
- Sometimes I’m scared. By Annunziata, J.
- Is a worry worrying you? By Wolff, F. & Savitz, H.M.

Rituals
- The tenth good thing about Barney. By Viorst, J.

Remembrance and Connection (Continuing Bonds)
- Badger’s parting gifts. By Varley, S.
- The memory box: A book about grief. By Rowland, J.
- Always by my side. By Kerner, S.
- The invisible string. By Karst, P.
- A mural for Mammita. By Alexander, A.K.

Hope and Healing
- Finding hope. By The Mourning Hope Grief Center
- The bourbon street band is back. By Shankman, E.
- I will be okay! By Wright, L.
- Wishes for you. By Tobias, T.

Support – How to be helpful through difficult times
- The rabbit listened. By Doerrfeld, C.

For Teens
- What on earth do you do when someone dies? By Romain, T.
- It’s okay that you’re not ok: Meeting grief and loss in a culture that doesn’t understand. By Devine, M.
- How can I help?/ What will help me? By Miller, J.
  *Reversible book that addresses both coping and support
- When a friend dies: A book for teens about grieving and healing. By Gootman, M.E.
- You are not alone: Teens talk about life after the loss of a parent. By Hughes, L.B.
- Facing change: Falling apart and coming together again in the teen years. By O’Toole, D.
- When death walks in: For teenagers facing grief. By Scrivani, M.
- What we do when someone dies. By Caroline, A.
- After the loss of your baby for teen mothers. By Nykiel, C.
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For Adults Supporting Youth

- Findings the words: How to talk to children and teens about death, suicide, funerals, homicide, cremation, and other end-of-life matters. Wolfelt, A.D.
- It’s okay that you’re not ok: Meeting grief and loss in a culture that doesn’t understand. By Devine, M.
- Healing your grieving heart for kids: 100 practical ideas. By Wolfelt, A.D.
- 35 ways to help a grieving child. By The Dougy Center for Grieving Children.
- Helping children grieve and grow. By O’Toole, D. & Cory, J.
- Healing your grieving heart for teens: 100 practical ideas. By Wolfelt, A.D.
- Helping teens cope with death. By The Dougy Center for Grieving Children.
- Helping teens work through grief. By Perschy, M.K.
- Great answers to different questions about death: What children need to know. By Goldman, L.
- I wasn’t ready to say goodbye: Surviving, coping and healing after the sudden death of a loved one. By Noel, B. & Blair, P.D.
- Bearing the unbearable: Love, loss, and the heartbreaking path of grief. By Cacciatore, J.
- How can I help?: 12 things to do remember when you have suffered a loss, What will help me? 12 things to do when someone you know suffers a loss when someone you know suffers a loss. By Miller, J.E.
*Reversible book that addresses both coping and support

Rituals

- What about the kids?: Understanding their needs in funeral planning and services. By The Dougy Center for Grieving Children.

Remembrance - Specials Days, Holidays

- Not just another day: Families, grief, and special days. By Throckmorton, M.L.

Injustice and Loss

- No time for goodbyes: Coping with sorrow, anger, and injustice after a tragic death. By Lord, J.H.

Life-threatening Illness, End of Life

- Communicating with children: When a parent is at the end of life. By Fearnley, R.

Schools

- When death impacts your school: A guide for school administrators. By The Dougy Center for Grieving Children.
- The grieving student: A teacher’s guide. By Schonfeld, D.J. & Quackenbush, M.
- Helping the grieving student: A guide for teachers. By The Dougy Center for Grieving Children.
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Workbooks
- Always in my heart: A workbook for grieving children. By Chery. C.M.

Suicide

Homicide
- Fire in my heart, ice in my veins. By Samuel-Traisman, E.

Funeral Planning
- Survivor’s burial and resource guide: step-by-step workbook for regaining control. By Chery. C.M.