

Book Recommendations on Loss, Grief, Coping, Remembrance, and Support

Death, Non-Death Loss, and Grief

- ❑ *The goodbye book.* By Parr, T.

Death Losses and Grief

- ❑ *Something very sad happened: A toddler's guide to understanding death.* By Zucker, B.
- ❑ *When dinosaurs die: A guide to understanding death.* By Brown, L.K. & Brown, M.
- ❑ *A complete book about death for kids.* By Grollman, E. & Johnson, J.
-*addresses human and pet loss
- ❑ *Badger's parting gifts.* By Varley, S.
- ❑ *I miss you: A first look at death.* By Thomas, P.
- ❑ *Dream clouds.* By Alexander Layne, A.K.
- ❑ *The scar.* By Moundlic, C.
- ❑ *Lifetimes: The beautiful way to explain death to children.* By Page, B.M.
- ❑ *What on earth do you do when someone dies?* By Romain, T.
- ❑ *The fall of freddie the leaf.* By Buscaglia, L.

Suicide loss

- ❑ *Someone I love died by suicide: A story for child survivors and those who care for them.*
By Cammarata, D.

Drug Overdose Loss

- ❑ *Someone I love died from a drug overdose.* By Ray, M.

Pet Death Loss

- ❑ *When a pet dies.* By Rogers, F. (dated photos but developmentally and culturally appropriate)
- ❑ *I'll always love you.* By Wilhelm, H.
- ❑ *The rainbow bridge: A visit to pet paradise.* By Raeside, A.

Non-Death Loss, Transitions, and Coping

Natural Disaster

- ❑ *A place where hurricanes happen.* By Watson, R.

Separation

- ❑ *You weren't with me.* By Ippen, C.G.
*addresses separation- caregiver-child separation, reunion, children's feelings and thoughts, helpful responses to children's concerns

Divorce

- ❑ *Dinosaurs divorce: A guide for changing families.* By Brown, L.K. & Brown, M.
- ❑ *My family's changing: A first look at family break-up.* By Thomas, P.

Health

- ❑ *When someone you love has cancer: A guide to help kids cope.* By Lewis, A.

Book Recommendations on Loss, Grief, Coping, Remembrance, and Support

Diversity of Feelings, Thoughts & Physical Expressions

- ❑ *I know what to do when I'm feeling (frustrated, tired, scared, sad, etc.).* By Positive Parenting
- ❑ *Sad isn't bad: A good grief guide book.* By Mundy, M.
- ❑ *Listening to my body.* By Garcia, G.
- ❑ *Samantha Jane's missing smile.* By Kaplow, J. & Spiegel, D.
- ❑ *I know I made it happen: A gentle book about feelings.* By Blackburn, B.L.
- ❑ *The angry dragon.* By Gordon, M.
- ❑ *Grumpy monkey.* By Lang, S.
- ❑ *Once I was very very scared.* By Ippen, C.G.
- ❑ *A terrible thing happened.* By Holmes, M.M.
- ❑ *Sometimes I'm scared.* By Annunziata, J.
- ❑ *Is a worry worrying you?* By Wolff, F. & Savitz, H.M.

Rituals

- ❑ *The tenth good thing about Barney.* By Viorst, J.

Remembrance and Connection (Continuing Bonds)

- ❑ *Badger's parting gifts.* By Varley, S.
- ❑ *The memory box: A book about grief.* By Rowland, J.
- ❑ *Always by my side.* By Kerner, S.
- ❑ *The invisible string.* By Karst, P.
- ❑ *A mural for Mammita.* By Alexander, A.K.

Hope and Healing

- ❑ *Finding hope.* By The Mourning Hope Grief Center
- ❑ *The bourbon street band is back.* By Shankman, E.
- ❑ *I will be okay!* By Wright, L.
- ❑ *Wishes for you.* By Tobias, T.

Support – How to be helpful through difficult times

- ❑ *The rabbit listened.* By Doerrfeld, C.

For Teens

- ❑ *What on earth do you do when someone dies?* By Romain, T.
- ❑ *It's okay that you're not ok: Meeting grief and loss in a culture that doesn't understand.* By Devine, M.
- ❑ *How can I help?/ What will help me?* By Miller, J.
*Reversible book that addresses both coping and support
- ❑ *When a friend dies: A book for teens about grieving and healing.* Gootman, M.E.
- ❑ *You are not alone: Teens talk about life after the loss of a parent.* By Hughes, L.B.
- ❑ *Facing change: Falling apart and coming together again in the teen years.* By O'Toole, D.
- ❑ *When death walks in: For teenagers facing grief.* By Scrivani, M.
- ❑ *What we do when someone dies.* By Caroline, A.
- ❑ *After the loss of your baby for teen mothers.* By Nykiel, C.

Book Recommendations on Loss, Grief, Coping, Remembrance, and Support

For Adults Supporting Youth

- ❑ *Findings the words: How to talk to children and teens about death, suicide, funerals, homicide, cremation, and other end-of-life matters.* Wolfelt, A.D.
 - ❑ *It's okay that you're not ok: Meeting grief and loss in a culture that doesn't understand.* By Devine, M.
 - ❑ *Healing your grieving heart for kids: 100 practical ideas.* By Wolfelt, A.D.
 - ❑ *35 ways to help a grieving child.* By The Dougy Center for Grieving Children.
 - ❑ *Helping children grieve and grow.* By O'Toole, D. & Cory, J.
 - ❑ *Healing your grieving heart for teens: 100 practical ideas.* By Wolfelt, A.D.
 - ❑ *Helping teens cope with death.* By The Dougy Center for Grieving Children.
 - ❑ *Helping teens work through grief.* By Perschy, M.K.
 - ❑ *Great answers to different questions about death: What children need to know.* By Goldman, L.
 - ❑ *How do we tell the children?: A step-by-step guide for helping children and teens cope when someone dies.* By Schaefer, D. & Lyons, C.
 - ❑ *I wasn't ready to say goodbye: Surviving, coping and healing after the sudden death of a loved one.* By Noel, B. & Blair, P.D.
 - ❑ *Bearing the unbearable: Love, loss, and the heartbreaking path of grief.* By Cacciatore, J.
 - ❑ *How can I help?: 12 things to do remember when you have suffered a loss, What will help me? 12 things to do when someone you know suffers a loss when someone you know suffers a loss.* By Miller, J.E.
- *Reversible book that addresses both coping and support

Rituals

- ❑ *What about the kids?: Understanding their needs in funeral planning and services.* By The Dougy Center for Grieving Children.

Remembrance - Specials Days, Holidays

- ❑ *Not just another day: Families, grief, and special days.* By Throckmorton, M.L.

Injustice and Loss

- ❑ *No time for goodbyes: Coping with sorrow, anger, and injustice after a tragic death.* By Lord, J.H.

Life-threatening Illness, End of Life

- ❑ *Communicating with children: When a parent is at the end of life.* By Fearnley, R.

Schools

- ❑ *When death impacts your school: A guide for school administrators.* By The Dougy Center for Grieving Children.
- ❑ *The grieving student: A teacher's guide.* By Schonfeld, D.J. & Quackenbush, M.
- ❑ *Helping the grieving student: A guide for teachers.* By The Dougy Center for Grieving Children.

Book Recommendations on Loss, Grief, Coping, Remembrance, and Support

Workbooks

- ❑ *Always in my heart: A workbook for grieving children.* By Chery. C.M.
- ❑ *After a death: An activity book for children.* By National Center for Grieving Children & Families

Suicide

- ❑ *After a suicide death: An activity book for grieving kids.* By National Center for Grieving Children & Families.

Homicide

- ❑ *After a murder: An activity book for grieving kids.* By National Center for Grieving Children & Families.
- ❑ *Fire in my heart, ice in my veins.* By Samuel-Traisman, E.

Funeral Planning

- ❑ *Survivor's burial and resource guide: step-by-step workbook for regaining control.* By Chery. C.M.